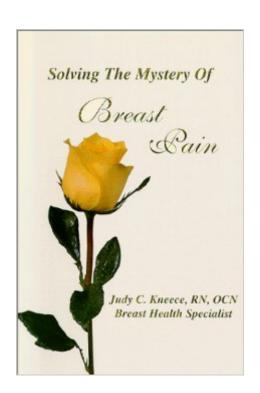
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Solving The Mystery Of Breast Pain





Synopsis

Solving The Mystery of Breast Pain: *offers proactive steps for self-management of breast pain *Details steps to identify causes of pain. Includes worksheets to help women and physicians assess causes of breast pain. *Lists 410 prescription and over-the-counter medications that may cause breast changes and promote breast pain. *Describes common herbal and weight-reducing products that may cause breast pain. *Lists cost-free remedies that may reduce or stop breast pain. *Empowers a woman to work as an educated partner with a physician in monitoring her breast health.

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